

Have a walk along our World Heritage Site

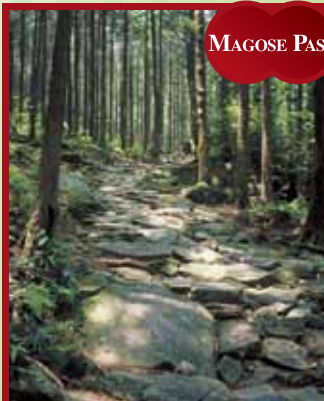
Part of the "Sacred Sites and Pilgrimage Routes in the Kii Mountain Range" World Heritage Site runs through Owase, linking Ise Shrine and the Kumano Sanzan via the Kumano Kodo Ise Trail!

MIKI PASS & HAGO PASS



Highlights include stone-paved staircases and a long barrier to keep out wild boars. Kata Bay can be seen through the trees on this mountain trail.

MAGOSE PASS



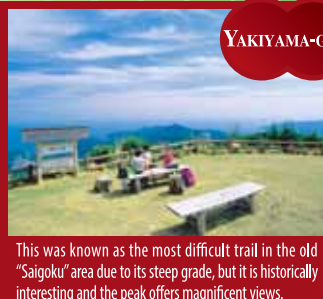
Large natural rocks are beautifully laid together on this trail, which runs through a distinctive cypress forest. Many historic sites remain.

SONE JIRO SLOPE & TARO SLOPE



This trail leads from Owase to Kumano via the Hobo Pass. It offers many points of interest, including stone paving and barriers to keep out wild boars.

YAKIYAMA-GOE



This was known as the most difficult trail in the old "Saigoku" area due to its steep grade, but it is historically interesting and the peak offers magnificent views.

MIE PREFECTURAL KUMANO KODO CENTER

A visitor center with the latest information on the Kumano Kodo. You can learn a lot about the appeal of this famous trail at the Center.



Mie Prefectural Kumano Kodo Center

12-4 Mukai, Owase, 519-3625

TEL:0597-25-2666 FAX:0597-25-2667

<http://www.kumanokodocenter.com/>



Transportation links to Owase



By car

From Nagoya... about 2 hours 5 min
From Kyoto... about 2 hours 15 min
From Osaka... about 3 hours

By train

From Nagoya... about 2 hours 30 min
From Kyoto... about 3 hours 30 min
From Osaka... about 3 hours 10 min

By express bus

From Tokyo... about 8 hours 30 min
From Nagoya... about 3 hours

Tourist Information, Event Information

Owase Marine Products Commerce & Food Promotion Section

TEL:0597-23-8223
FAX:0597-23-8225

Owase Tourism Product Website

<http://owasekankou.com/>

The sights of Owase

Owase Tourism Product Association (cooperative)

Please drop in



Enquire about Owase tourism and local products at this number.

TEL.0597-23-8261

尾鷲よいとこ
朝日をうけてヨイソレ
浦で五丈の網をさく
ノンノサイサイ



COME TO

来い来い~!
尾鷲

OWASE

See our many sights



City of Owase

Owase has so many rare products!

Let us introduce some rare products from Owase's rich natural surroundings.



▲ Seafood assortment

The open waters of Kumano get the full benefit of the swirling Kuroshio current. Sample the many kinds of fish unloaded at Owase fishing port.



▲ Kajika smoked fish

This preserved food has been made in the Kajika district since olden times. Gutted fish are salted and then smoked over cherry or oak wood.

▼ Owase Wappa

These lacquered containers are made by hand from high-quality Owase cypress. The government of Mie Prefecture designates them as a traditional handicraft.



▲ Whole dried saurima (sauri)

Saurima lose their fat as they come south on the Kuroshio current, making them more savory. Racks of drying saurima are a typical winter scene in Owase.



▲ Mie-Owase deep-sea water

Water drawn from a depth of 415m off Cape Miki is processed to make bottled water, salt, and other products. They are tasty, rich in minerals, and good for you.



▲ Saurima (sauri) sushi

Pressed sushi using one whole saurima. This is a representative food from the Owase area.

There's a lot to see, so have a good look around!

Let us introduce the beautiful sights and traditional festivals that make Owase so attractive.



Held at Owase Shrine, February 11-13
Ya-Ya Festival

▲ In this strange but representative festival, groups of men in white costumes do battle with one another.



Mikisato Beach

▲ A broad expanse of white sand and clear ocean water makes this a beautiful beach. It is equipped with toilets and a campground.



Sunrise on Owase Bay

▲ The sunrise on Owase Bay is ranked as one of the 100 best in Japan. The ocean's surface is dyed orange, a truly moving sight.



Sugari fishing village

▲ Sugari retains the nostalgic look of an old-fashioned fishing port. It has been chosen as one of Japan's 100 most scenic villages.

Yumekodo Owase

How about some local Owase specialties?

The pride of Owase is on display here, from a lunch buffet of famous dishes prepared by local women to a bath of deep-sea water and many products made nearby.

Enjoy the home cooking of Owase in a buffet

Women from three associations prepare a different buffet lunch each week from seasonal ingredients.



Deep-sea hot spring facility The Yumekodo Bath A bath using Mie-Owase deep-sea water

A bath using deep-sea water is a rarity anywhere in the country. It helps to preserve your body warmth and moisture, and to give you softer skin. The grand scenery of Owase can be enjoyed from the outdoor bath.

Yumekodo Owase

Prefectural Kumano Kodo Center,
12-4 Mukai, Owase, 519-3625
TEL/FAX: 0597-22-1124 <http://yumekodo.jp/>



Owase Itadaki Market

First Saturday each month
8:30 a.m. - 12:30 p.m.

Local products of all kinds are offered at the Owase Fish Market. You can buy fresh and dried fish, vegetables, fruit, and sweets at especially low prices. *Note: The market is held twice in December (first and third Saturday), and not at all in January.

